



RECOMMENDED DAILY ROUTINES 2020 HOME QUARANTINE

INFANTS

Infant Personal Care Routines should always come first! Incorporate Music and Movement, Storytime, and Exploration and Play throughout the day. Don't forget to include lots of tummy time for the little babies and to tune in at 10am for our Infant/Toddler Circle Time online!

TODDLER

Wake Up Time	Free Play with Toys/Cuddle with Mommy and Daddy
8:30am	Breakfast
9:00am	Music and Movement/Storytime
9:30am	Exploration and Play Activities
10:00am	Circle Time with Friends ONLINE
10:30am	Outdoor Play
11:30am	Lunch Time
12:00pm	Nap Time
2:00pm	Snack Time
2:30pm	Outdoor Play
3:00pm	Exploration and Play Activities
4:00pm	Free Play with Toys/Family Time

PRESCHOOL

Wake Up Time	Free Play with Toys/Cuddle with Mommy and Daddy
8:30am	Breakfast
9:00am	Music and Movement/Storytime
9:30am	Exploration and Play Activities
10:00am	Outdoor Play
11:00am	Circle Time with Friends ONLINE
11:30am	Lunch Time
12:00pm	Nap Time
2:00pm	Snack Time
2:30pm	Outdoor Play
3:00pm	Exploration and Play Activities
4:00pm	Free Play with Toys/Family Time

VISIT [GEORGIA-ACADEMY.COM/COVID-19](https://www.georgia-academy.com/covid-19) FOR MORE QUARANTINE RESOURCES AND ACTIVITIES!